

## KERRSIDALE FSC NEWSLETTER ISSUE: SUMMER 2023

"Hard work beats talent when talent doesn't work hard."

- Tím Notke, Basketball Coach



Welcome and welcome back! We look forward to seeing you when we return to our home rink in Kerrisdale. The spring and summer seasons were busy for our skaters and coaches. We have had a strong summer session with some skaters skating 5 days a week out of Hillcrest, and attending off-ice once a week in Kerrisdale. Fall registration is now open! Read on to find out more about what we've been up to, and what's to come.

# Club Picnic

Thank you to everyone who attended and volunteered their time on August 12! We had a fun time in Maple Grove Park enjoying each other's company outside the rink. Thank you also to our newest Board Members **Alexa** and **Yuki** for organizing this special event!



## LOUISE SALINA HUMANITARIAN AWARD

This award is presented to a Volunteer, Skater, Parent or Coach who has demonstrated dedication to the success of the Club. It was created in honour of *Louise Salina* – one of the Club's 20-year Board members who sadly and unexpectedly passed away while still an active member of the Board.

This year's recipient is **Barbara Wagner**. Barb has been a member of our Club for over 70 years and a dedicated Board member for

over 50 years! Currently our Club's Registrar, Barb has held many positions on the Board over the years (including President), sits on the city-wide ice allocations committee, and readily shares her wealth of knowledge and expertise on all things skating with other Board and Club members. Her unwavering dedication to our Club has influenced every aspect of our success – from scheduling, registration and test administration, to our popular ice shows and CanSkate



Barbara Wagner and Club President Michelle Uyeda

program. She is greatly admired and appreciated by our Board and Club members for her service. Barb – thank you for everything you do!

## COACH'S TIP

A reminder that keeping a skating journal can be very useful! Not only can it help you track your progress, but it helps to keep corrections top of mind.

– Coach Nikolai Balabardin

#### **COMPETITION RESULTS**

Congratulations to all of our skaters who participated in the **2023 BC/YT Super Series Victoria Day Competition**. We are so proud of you!

A special shout-out to our medallists:

Katelyn Wei, STAR 4 U10 – GOLD Carina Wong, STAR 4 U13 – SILVER Tessa Clinch, STAR 5 U10 – SILVER Chloe Wei, STAR 5 U13 – GOLD

And special recognition for our first-time **Star 2** competitors! Here's to many more!

Also, congratulations to **Tessa Clinch**, who won **GOLD** in **Star 5 U10** in the **2023 BC/YT Super Series SummerSkate Competition**.



#### GRADUATION

Congratulations to our very own coach – **Ella Gray**! Ella graduated from UBC with a Bachelor in Science with a major in Biology this past spring, and will be starting the Doctor of Pharmacy program at UBC in September. We are thrilled she will be able to stay with us while she pursues further education, and we wish her all the best with her studies!



Our Program Assistants came together in June for a night of fun and adventure at Clip 'n Climb. It was an event hosted by the Club to recognize their season-long dedication to volunteering their time as PAs. Our CanSkate program wouldn't be the same without you! Thank you all!

## CONGRATULATIONS

to **Claire Liu** – recipient of the Program Assistant (PA) Award for the 2022/2023 season. The award is presented to a PA who has demonstrated dedication, enthusiasm and leadership while assisting with CanSkate sessions. Claire joined the Club in 2015, started testing in 2019 and has progressed to completing her Star 7 Elements and Program.



#### GRADUATION

Congratulations to Coach and former KFSC skater, **Jade Holness**! Jade graduated from Magee Secondary, and will be starting Langara College in the fall to study Kinesiology with the aim to transfer to UBC to pursue studies either in physical therapy or sports medicine.



Jade will also be pursuing a career in acting (specifically in film). She started skating at age 4, has been with the Club since 2010, and reached Star 8 before switching her focus to coaching in 2022.

Jade has many great memories of skating with the Club, with the early morning Thursday sessions with her friend Kyra being some of her fondest. She will be bringing many valuable lessons forward with her into this next chapter of her life. When faced with tough situations, she often thinks back to Nikolai's pep talks about getting up and not letting external factors affect the work she needs to put out.

Wishing you success in your future endeavours, Jade!

## GOOD LUCK, KOLYA!

Wishing all the best to Kolya Balabardin as he pursues his ice dancing dreams in North Carolina. Along with his partner Anna, he is busy competing with the aim to secure a spot in U.S. Nationals. We are cheering for you, Kolya and Anna!



Anna and Kolya, Ice Dance Partners

## WORKSHOP WITH SCOTT MOIR

Some of our skaters had the opportunity to skate with Scott Moir back in the spring!





#### **INSTAGRAM!**

We are excited to announce that we have started a new Club Instagram account. Follow us at <u>@kerrisdale skating club</u>.

## **ICE SHOW**

We were thrilled for the return of our Ice Show in March after a long pandemic-related hiatus, with this year's theme being "**Under the Big Top**." With over 100 skaters and several hundred audience members, fun was had by all and we consider it to be a resounding success! Thank you to our wonderful Coaches, volunteer Board Members and parents who helped to organize the show.

We proudly featured pictures from our Ice Show in the BC/YT Section's publication *Thin Ice* in March. Click <u>here</u> to view the spring edition, with our Club's submission found on **page 35**.

You can also view our June submission here on page 33.



## GOOD LUCK!

Good luck to all of our skaters competing in **2023 BC/YT Section Autumn Leaves Super Series**, being held in Chilliwack October 13–15. We are cheering for you!



## **BOARD MEMBERS - THANK YOU AND WELCOME!**

**Thank you** to **Liliya Herwig**, who volunteered her time as a Board Member for two years. Her contributions were invaluable and greatly appreciated by all!

Welcome to Yuki Namekawa and Alexa Ko, who joined the Board as members at large over the summer.

Our Club is powered by a 100% volunteer Board, and our Board Members' input, time and dedication is appreciated.

## **QUESTIONS? CONCERNS? PLEASE REACH OUT!**

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